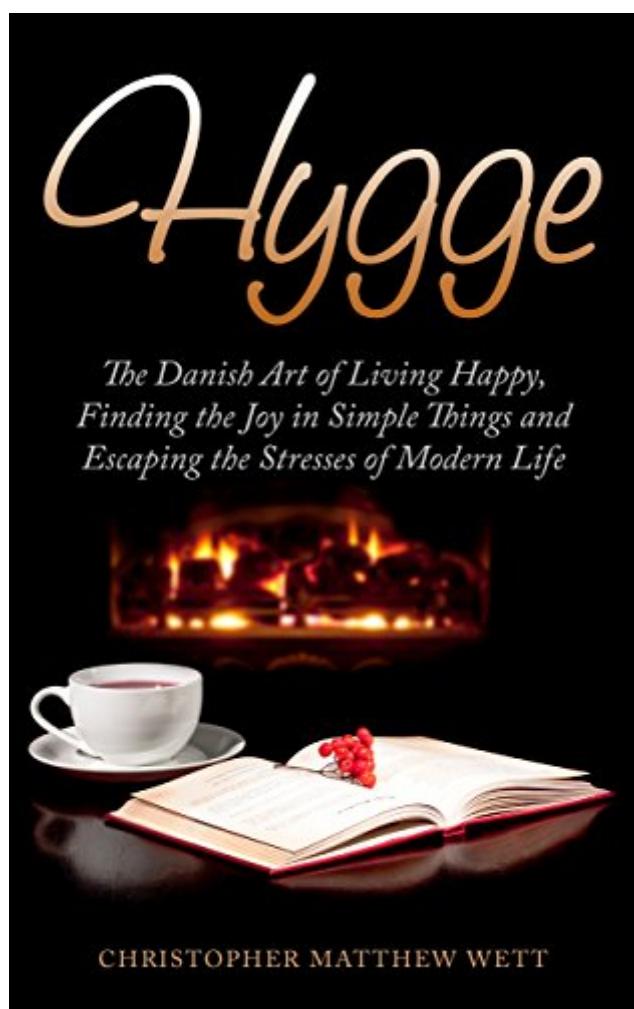


The book was found

Hygge: The Danish Art Of Living Happy, Finding The Joy In Simple Things And Escaping The Stresses Of Modern Life (Hygge, Happiness, Finding Joy, Escaping Stress)





Synopsis

The Happiest People on Earth! In the last years, Nordic countries took the lead in the pursuit of happiness. Could the Danish term hygge? If you're from or have visited a Scandinavian country, maybe you know what this means. Try pronouncing it correctly, try puckering your lips and aim for a third word somewhere between happy -gah and hugguh. Kind of like beginning of the song, Happy. The good news is, it's not difficult to define, but is translated loosely into the English word coziness. And is this what Norwegians would bring to the table? Hygge is a word that describes soft and light, comfort and coziness. It's about transforming an ordinary day into an event with friends and family. Find Out About: The Danish Art Of Embracing LifeHow To HyggeRules For HyggeWays To Create Hygge At HomeHygge and Your Work LifeHygge To Support Health And Well BeingHygge And MindfulnessAnd Much, Much More!So, live in the moment and let the warmth, fuzzy feelings, and we dive into this AMAZING WORLD OF HYGGE! Take Action and Get This Book Now With Just One Click!

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